



City of Seattle
Office of Emergency Management
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Car Kits

In addition to your primary kit at home, make sure you're prepared whenever you're in your personal vehicle.

Your car kit should include these basic supplies:

- ☐ Bottled or stored water
- ☐ High-protein, high-energy food
- ☐ First-aid kit
- ☐ Blankets
- ☐ Flashlight/batteries
- ☐ Radio/batteries
- ☐ Basic sanitation supplies
- ☐ Warm clothing
- ☐ Sturdy shoes or boots
- ☐ Raingear, hat and gloves
- ☐ Paper and pencils or pens



In addition, be sure you're ready for road emergencies. A car kit should include:

- ☐ Jumper cables
- ☐ Ice scraper
- ☐ Lock de-icer
- ☐ Flares
- ☐ Small tool kit
- ☐ Maps
- ☐ Compass
- ☐ Shovel
- ☐ Sand



More Car Kit Tips:

Be sure to check your car kit supplies at least twice a year. Variations in heat and cold shorten the life of stored food and can deteriorate first-aid items and other materials like plastic and rubber.

If you leave your vehicle, leave a note on the dashboard stating when you left, where you went and any contact information.

****For more information about special populations, be sure to check the [Library](#).**